

PEA MICRODRIED® WHOLE

Nutritional Information

Analysis Name	Results	Units
Calories	386	Cal/100g
Carbohydrates	66.79	% by wt
Total Sugars	34.54	% by wt
Fructose	0.35	% by wt
Glucose	0.30	% by wt
Lactose	< 0.25	% by wt
Maltose	0.42	% by wt
Sucrose	33.47	% by wt
Total Fat	3.36	% by wt
Trans Fat	< 0.01	% by wt.
Saturated Fat	0.828	% by wt.
Monounsaturated Fat	0.825	% by wt.
cis-cis Polyunsaturated Fat	1.660	% by wt.
Total Dietary Fiber	23.1	% by wt.
Protein	22.1	% by wt.
Vitamin A (Beta Carotene)	374	IU/100g
Vitamin C	50.09	mg/100g
Calcium	93.2	mg/100g
Iron	11	mg/100g
Sodium	6.45	mg/100g

^{*} Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.

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804 Bennett Avenue Prosser, WA 99350 tel: 509.786.2611 fax: 509.786.4915